

Champlain Regional Stroke Network presents:

# Muscle Stimulation in Stroke Recovery

## Three Part Workshop

*(participants must attend all 3 parts)*

- **Part A: June 5** 2-4 pm  
Theoretical Overview (webinar)
- **Part B: June 22 or 23** 9-1 pm  
½ day (hands-on) practical session
- **Part C: September 11** 12-1 pm  
Knowledge translation (webinar)

## Where?

Queensway Carleton Hospital TKA Gym;  
3045 Baseline Rd, Ottawa

*(Choice of one of the following two options)*

- Saturday June 22, 9:00-1:00
- Sunday June 23, 9:00-1:00

*There is no fee to attend, but all participants must be registered*

To register, go to:

[www.champlainregionalstrokenetwork.org/education/list-of-events/196-fes-stroke-recovery](http://www.champlainregionalstrokenetwork.org/education/list-of-events/196-fes-stroke-recovery)

For information contact [educoord@champlainregionalstrokenetwork.org](mailto:educoord@champlainregionalstrokenetwork.org)

or visit [Champlainregionalstrokenetwork.org](http://Champlainregionalstrokenetwork.org)

*This event is generously supported through the MoHLTC. Priority registration will be given to regulated healthcare providers working with stroke survivors at our regional sites.*

Content for this workshop will be in keeping with the **Canadian Stroke Best Practice Recommendations**

Presentation by:

- **Kristin Musselman, PhD PT**, Scientist with the Neural Engineering and Therapeutics Team and the Mobility Team at the Toronto Rehabilitation Institute - Lyndhurst Centre



After completing the Muscle Stimulation training, participants will be able to:

1. Explain how different stimulation parameters affect neuro-physiological response to electrical stimulation and demonstrate effective manipulation of these parameters.
2. Select neurological clients who are appropriate for muscle stimulation.
3. Apply 1-channel and 2-channel muscle stimulation effectively.