## AKING ASPIRIN



Your doctor prescribed a baby aspirin to keep blood clots from forming in the vessels that feed the brain



Baby aspirin along with other medicines will help prevent stroke



Aspirin is usually taken once per day with food to avoid upsetting your stomach



Because aspirin prevents blood clots, people who take aspirin everyday have a slightly higher risk of bleeding or bruising



Most people will have to take aspirin for the rest of their lives









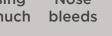
Bleeding gums

Bruising too much

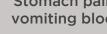
Nose

Difficulty breathing

Stomach pain/ vomiting blood



or wheezing



vour doctor.

recreational drugs

CALL YOUR DOCTOR OR GO TO AN

**EMERGENCY ROOM IF YOU DEVELOP:** 

**Black or** Severe headache bloody stools with nausea

Ask about medicines that might interfere

known as Advil<sup>®</sup>, Motrin<sup>®</sup>), may increase

should not be taken unless indicated by

with aspirin and lead to more bleeding.

For example, some medicine used

for pain relief and available without prescription, such as ibuprofen (also

your risk of bleeding with aspirin and

Tell your pharmacist or doctor all the

including vitamins, herbal products or

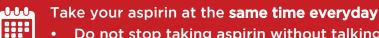
Report any side effects to your doctor

or pharmacist so that they can give

you tips on how to minimize them

medicines that you may be taking,

## WHAT YOU CAN DO:



Do not stop taking aspirin without talking to your doctor



## If you miss a dose:

- If it is within 8 hours of usually taking it. take the missed dose and continue with taking aspirin as usual the next day
- If it is more than 8 hours, skip the dose and take the next dose at the usual time the next day
- Do not take 2 doses at the same time



Make an appointment with your doctor before your prescription runs out



Baby aspirin is available over-the-counter. If you are buying it over-the-counter and use a blister pack for other medicines, ask your pharmacist how best to have it included with all vour other medicines.



TALK TO YOUR HEALTHCARE PROVIDER IF YOU HAVE QUESTIONS ABOUT OR ARE HAVING TROUBLE TAKING YOUR MEDICATIONS



Patient, 09-2020 www.crsn.ca

