

The Central South Network Presents:

Provincial Stroke Rounds

Stronger Together After Stroke: Impacts of Strength Training and Lived Experience



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Wednesday November 5, 2025, 1200-1300h EST*

***note new time this month only**

Objectives: Upon completion participants will be able to:

1. Discuss the current evidence on strength training after stroke and why it's important for stroke recovery
2. Describe how new clinical trials are addressing current gaps in knowledge to inform clinical practice
3. Discuss the role of people with lived experience in stroke research to inform real-world care

Link to MS
Teams Meeting

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Evaluation

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Evaluation Scan

